

## Purpose

This program is designed to enable participants to consider attitudes and behavior, support positive lifestyle changes, and reduce or eliminate the use of alcohol and/or drugs.

Provide participants an opportunity to address problems related to the use of alcohol and/or other drugs.

## Benefits

Ability to function at work/school/home.

Alternative sentencing options.

Focus on personal health and recovery.

Focus on resuming and maintaining health and productivity.

Focus on building and maintaining preventive skills.

Focus on rebuilding family relationships.



The Quilt Transitional Services Inc.  
Is a 501 (c) 3 non profit organization License by (ORS)  
Department of Community Health to provide A  
Drug Abuse Treatment and Education Program  
4151 Memorial Drive  
Suite 207-A  
Decatur, GA 30032  
404-297-8321  
[www.thequilttransitionalservices.com](http://www.thequilttransitionalservices.com)

## The Quilt Transitional Services, Inc. Licensed Drug Abuse Treatment and Education Program



Our facility and comprehensive program is the right choice for anyone wanting to start a new life; a choice that offers hope and a future for clients and their family. By applying what you learn at The Quilt, clients can build a strong foundation that will help them to continue the lifelong process of recovery.



## Mission

Our mission is to provide effective drug and alcohol treatment services for men, women and children. To demonstrate an alternative way of living where one can embrace life without dependency on alcohol or drugs.

## GOAL

Reduce the harm caused by Drugs in our society.

## OBJECTIVE:

Reduce Drug Abuse among youth and adults and provide a comprehensive program with emphasis on 12 step recovery and education.

## STRENGTHS

Knowledgeable management team with exceptional interpersonal skills and extensive 12 Step program background.



## RELAPSE PREVENTION

It is recommended that all individuals be enrolled in an ongoing relapse prevention program in addition to our double trouble program. Hence, it is very important that after we establish remission of the disease, individuals should continue to undergo treatment whether in one of our programs or in a different program while they watch for any signs of relapse. If any of these occur, clients are instructed to contact us immediately so that we can work with them to prevent a relapse.



In summary we offer:

- Psychiatric evaluation and follow-up
- Individual & group counseling
- Education and study sessions on recovery
- Introduction to self help groups
- 12 Step Program
- Relapse Prevention
- Meditation
- Continuing care
- Referrals to specialized counseling for PTSD, eating disorders, sexual abuse, anger management.
- Peer problem solving and discussion
- Assistance in developing skills for independent living
- Assistance in learning to develop healthy relationships
- Planned social and recreational activities
- Personal anonymity
- Nursing assessments
- Money management
- Self Esteem Building
- Assertiveness Training
- Life skills and social skills training

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