

Intended to improve family functioning by clinically stabilizing the living environment

What Is Assertive Community Treatment?

Assertive Community Treatment (ACT) is a form of case management that is distinguished from more traditional case management by several important features. First, rather than a case manager coordinating services, an ACT multi-disciplinary team provides services directly to an individual that are tailored to meet his/her specific needs. An ACT team typically includes members from one of the fields of psychiatry, nursing, psychology, and social work with increasing involvement of substance abuse and vocational rehabilitation specialists. Based on their various areas of expertise, the team members collaborate to deliver integrated services of the recipients' choice, monitor progress towards goals, and adjust services over time to meet the recipient's changing needs. The staff-to-recipient ratio is small (one clinician for every ten recipients versus one clinician for every 30 recipients in traditional case management), and services are provided 24-hours a day, seven days a week, for as long as they are needed.



The Quilt Transitional Consulting and Development Services, LLC Is a Medicaid driven service.

The Quilt's ACT team shares responsibility for the people they serve and use assertive engagement to proactively engage individuals in treatment

The Quilt's ACT team has a multidisciplinary staff of Professional staff Psychiatrist, Psychologist, Registered Nurse, Professional Counselors (LPC), Clinical Social Workers (LCSW), Certified Addiction Counselors (CAC), Community advocates, MHP, Paraprofessionals and Certified Peer Specialist

Clinical Services:

- Individual Counseling
- Psycho-education Groups
- Life Skills
- Behavioral Assessments
- Clinical Assessments
- Vocational Rehabilitation
- Case Management
- Psychological Evaluations
- Substance Abuse Education and Prevention
- Transitional Services
- Human Development
- Therapeutic Interventions



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A Community Based Mental Health Therapeutic Intervention and Counseling Center



Weaving through Layers of Challenges while we build families for tomorrows success



Our ACT team will deliver comprehensive and flexible treatment, support, and rehabilitation services to individuals in their natural living settings. This means that interventions are carried out at the locations where problems occur and support is needed rather than in hospital or clinic settings.

Mission

To educate and enhance the quality of life along with improve the health status of individuals through opportunities and program development. It is also the mission to provide a supportive, therapeutic, and stimulating experience for individuals with mental illness, substance abuse and or dual diagnosis while we educate individuals on the important life and enhance coping skills

Vision

Our vision is to provide premiere alternative behavioral practices along with maximizing and utilizing adults to their full potential in overcoming the many obstacles and challenges that would impede productive living.

Values

To teach individuals how to become self-sufficient and productive, as they weave through the many challenges of life. Our objective is to empower and increase awareness while providing quality of services and treatment, which will enhance dignity, humanity and self-worth. So that our future of tomorrow can maintain successful community living.

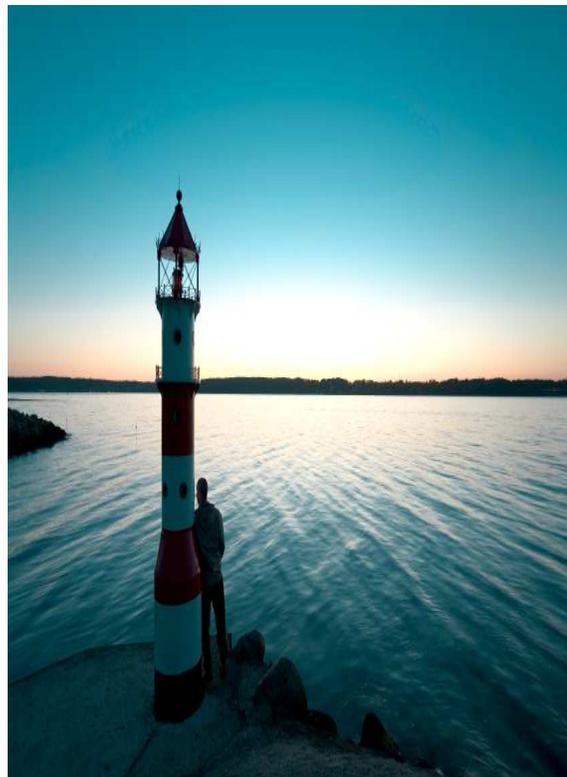
“Introducing a Non-Traditional Approach to Counseling, Therapeutic Interventions and Human Development”

Philosophy

Human Development and Transitional Services

Assumes the position that all human beings have the innate ability to maximize and utilize their full potential in overcoming the many obstacles and challenges that could otherwise impede productive living.

Individuals who are given the opportunity to learn and develop the skills necessary for successful living, are able to demonstrate higher levels of functioning within their own communities and natural



Assertive Community Treatment

is a highly intensive and integrated approach for community mental health service delivery. The Quilt’s ACT team will serve people whose symptoms of mental illness result in severe functional difficulties that interfere with their ability to achieve personally meaningful recovery goals in several major areas of life: working, having friends, living independently, and so forth.

The following features characterize the ACT model:

- Multidisciplinary treatment teams with a low client to case manager ratio (eg, 12 to 1 rather than 30 to 1 or more)
- Shared caseloads among clinicians (rather than individual caseloads)
- Direct provision of services, rather than brokering services to other providers
- 24-hour coverage, including emergencies
- Close attention to illness management
- Most services provided in the community, rather than at the clinic
- High frequency of contact with clients; and assistance with practical problems in living.

